



catholic student center
AT WASHINGTON UNIVERSITY

Catholic Leadership Development

Program Summary:

The mission of the Catholic Leadership Development Program is to ignite values-based leadership in Washington University students. This program will provide students with the skills and competencies needed to succeed in their professional and personal lives, through experiences and instruction which explore and encourage thoughtful decision making, authenticity and integrity, service, courage and building the common good.

In addition, the Catholic Leadership Program seeks to motivate and inspire participants to grow in their faith and understanding of how Catholic identity informs their role as leader. By fostering community, service and spirituality the participants will become familiar with the many spiritual resources and prayer forms within the Catholic tradition. Thus, the Catholic Leadership Development program will help students exercise an intentional approach to leadership in every aspect of life.

The program will impart in all participants:

1. Leadership skills through practical applications for continuous reflection of personal strength and developmental areas;
2. A foundation of self-awareness and authenticity for the purpose of being dedicated and committed to personal growth and foster community with others even in the midst of adversity and discontentment;
3. Decision-making and discernment techniques informed by spiritual formation;
4. A network of leaders who can, in turn, become mentors with participants as they continue throughout their professional lives;
Exposure to personalized career and service opportunities.

These objectives will be achieved through four primary aspects of the program:

- A. 12 meetings throughout the academic year lasting 2 hours, led by various leaders throughout the St. Louis area. An online discussion platform will be used to further engage with topics and gain insights from others
- B. Mentorship with local leaders, whose field of expertise is matched with the participant's field of study.
- C. Interviews of local leaders, conducted by participants.
- D. A Capstone Project which will challenge participants to apply learned leadership skills and allow them to identify self-growth opportunities. Students will submit a grant proposal to help fund their Capstone project.

Application & Selection Process:

Due to the unusual end to the 2020 school year, recruitment and selection will begin April 20, April 20, 2020. Any student is welcome to apply to Catholic Leadership Development, no matter their class year, religious affiliation, major, etc., however preference will be given to upperclassmen and graduate students

Students who apply will be asked to fill out an application sheet that will gauge their interest and experience in leadership, submit a resume, submit a letter of recommendation, and finalists will be interviewed. Our Advisory Board will review the applications in May 2020 and conduct interviews.

The committee will be looking for applicants who display leadership potential through: 1) an ability to commit to the program, 2) emotional and spiritual maturity, 3) experience in service and leadership on campus or in the community, 4) and dedication to growing themselves.

The administrative body of the Catholic Leadership Development committee will be responsible for the selection of participants and to ensure the various needs of the program are met so as to uphold the quality and sustainability of the program. Notification of acceptance will be completed by email. Scholarships in the amount of \$1000 will be granted upon the successful completion of the program. Funding for the program has been provided through a generous grant by the Kemper Foundation. Students will be expected to write a thank you note to the Kemper Foundation during the spring semester of their program.

Application Components:

The following application will consist of general information, resume, essays, and a reference section. Finalists will be invited to participate in an interview. Please submit all materials by **May 15, 2020**. Students are encouraged to apply with the understanding that Catholic teachings and principles are the foundation of the program.



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Catholic Leadership Development Application 2020

Name:

Date of Birth:

Gender:

School:

Program/Major:

Undergrad or Grad:

Graduation Year:

Phone Number:

Email:

Local Address:

Permanent Address:

Reference Name:

Relationship:

Reference Phone Number:

Reference Email:

Resume:

Please submit a 1-2 page resume along with this application.

Essay Questions:

1. What does being a leader mean to you? (100 words or less)
2. Where have you experienced exceptional leadership qualities and what did you learn from that experience? (200 words or less)
3. How have you implemented leadership and what were your learnings? (200 words or less)
4. What are your goals for personal/spiritual/professional growth over the next year? (100 words or less)
5. What are your current commitments for the 2020-21 academic year credit hours, job, extra-curricular such as (Greek life, sports, clubs, etc.)?



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Reference sheet: To be filled out by someone who knows you well that is not related to you, preferably someone who has witnessed you in service, leadership, or teamwork situations.

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Reference Information

Name:	Relation to applicant:
How long have you known the applicant?	Employer:
Job Title:	Contact information:

Please fill out the items out to the best of your ability. Reference information should be emailed or scanned directly to collar@washucsc.org by May 20, 2020. Please enclose the reference sheet with the applicant's name; example (Jane Smith Reference Information). Thank you for your time.

- 1) List top 3 leadership qualities you have experienced in the applicant.
 - A.
 - B.
 - C.

- 2) List 2 leadership qualities where the applicant could grow.
 - A.
 - B.

- 3) How would you rank the applicant's level of dedication to their commitments?
(1=Unreliable, 10=Follows through every time)
 - A.

- 4) How would you rank the applicant's level of dedication to growing personally/spiritually/professionally? 1=Stagnant, 10=Always looking to grow.
A.
- 5) Rank the applicants level of integrity/authenticity: 1=Low, 10=High
A.
- 6) Rank the applicant's maturity in decision making: 1=Immature, 10=Thoughtful/deliberate
A.
- 7) Rank the applicant's level of courage in the face of adversity: 1=Run away, 10=Runs toward
A.
- 8) Rank the applicant's level of dedication to serving others: 1=Self-centered, 10=Self-sacrificing
A.
- 9) Give one example of the applicant leading without being in a formal leadership position.

- 10) Give one example of how you've seen them grow personally/spiritually/professionally.

Signature:

Date: